

Year 9 Dance Curriculum Summary

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| Name of unit | Swing Dance (Lindy Hop) |
| Why do we study this unit? | To be introduced to the style of Swing Dance, in particular Lindy Hop and develop a partner dance using a range of Lindy Hop steps. |
| By the end of the unit, students will be able to.... | Know the key characteristics and stylistic qualities of Lindy Hop dance Learn and develop Lindy Hop steps and Swing Dance phrases. Use appropriate dynamics and timing, relevant to the style in performance. |
| Links to previous units | Links to other social dances such as African Dance. Historical roots are also linked to African Dance. |
| Key vocabulary | Social Dance, Dynamics, Elevation Precision, Projection. |
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| Week and summary topic | Knowledge and skills learned |
| 1: Introduction to the course and to social dance | know and understand what is expected on the dance course, including health and safety. Understanding of what social dance is. |
| 2: Rock n Roll partner phrase | Understand the key stylistic qualities of swing dance and be able to learn and perform a partner routine showing appropriate dynamic qualities. |
| 3 Lindy Hop Steps | To know the names of a range of Lindy Hop steps and be able to perform them showing dynamic and stylistic qualities. |
| 4: Lifts | Understand and use health and safety techniques when practising lifts and elevations. To use these skills and techniques to incorporate lifts into Lindy Hop routines. |
| 5: Rehearse and Perform | Rehearsal of Lindy Hop performance incorporating all skills learnt. Perform to an audience for feedback |
| 6: Review and Reflect on | Look back on recordings and identify strengths and areas for |

recording

development. Students to complete online test for homework