

## Y7 Cricket Curriculum Summary

<b>Name of unit</b>	<b>Cricket</b>
<b>Why do we study this unit?</b>	Cricket is a national sport. It is excellent for developing fundamental motor skills, enhancing team skills & team work. A team game that helps stimulate social skills used in everyday life.
<b>By the end of the unit, students will be able to....</b>	Students will develop a basic understanding of the skills used to participate in Basketball. They will learn skills, rules and tactics surrounding these sports.
<b>Links to previous units</b>	Pupils will learn the relevant skills, rules, fitness tests and tactics surrounding each sport within the PE curriculum. Pupils will follow this same structure throughout each sport as this builds the relevant knowledge that will maximise pupils progress and success. Additionally the sporting characteristics will be linked throughout so that pupils can adapt and demonstrate these values within school and in later life.
<b>Key vocabulary</b>	Self - Belief, Defensive, Aggressive, Stumped, Bowled, Crease, Tactics and Strategy
<b>Week and summary topic</b>	<b>Knowledge and skills learned</b>
<b>1: Skills</b>	<b>Batting Stance</b> - Distance from the wickets, bat on the ground line. <b>Underarm bowling</b> - with one bounce - Throwing and catching over short distances.
<b>2: Rules</b>	Scoring, singles 4's, 6's
<b>3: Fitness</b>	No fitness test
<b>4: Strategy / Tactics</b>	How to 'call' when batting
<b>5: Competition</b>	Inter House Competitions